



PRACTICAL

- 5 or more arsas with the three nritta elements: Utplavana (jump), Bhramari (pirouette), Chari (travelling step) represented
- Ashtapadi from Geet Govinda/ Oriya
- Recitation of dharana and ukuta of 4 beats in dugun (double speed)
- Recitation of all pieces learnt showing the Tala with appropriate hand movements
- Demonstrate creativity: Create movement patterns using both Ekgun and Dugun (single and double speed) to eight Avartans in Ektali; Ability to create a simple story representing one or more emotions
- Performance of a prepared dance sequence to recorded music of no more than 10' duration (or 2x 5') , demonstrating nritta and abhinaya skills- to include learnt pieces*

THEORY

- Demonstration and naming of Asamyukta hastas from Abhinaya Chandrika (bana, dhanu, valaya, pushpa, tambula, vastra)
- 31 Padabhedas (adi,yugma,viparitamukha,eka, meena ashrita, nupura, soochi ,bandhini ardhachowk ,mandala,ardhaswstika ,rekha+ G5)
- 8 Charibhedas (Chalana, chakramana, sarana, begini, lunthita, visama,lolita, kuttana)
- Viniyoga / Demonstartion of uses of Pataka and Tripataka
- Naming of the Raga and Tala of the pieces learnt
- Naming Poet, Choreographer, Music composer and Lyricist/Origin of the learnt pieces
- Notation of material learned in practical section
- PowerPoint presentation of course work and any additional research